

# Team Placement 2022

Individual Placements

May 23-27, 2022

Level Workouts\*

June 6-9, 2022

[www.EliteHeatBuffalo.com](http://www.EliteHeatBuffalo.com)





# Team Placement Packet

*\*This season, athletes will be invited to a level workout based on their individual placement. Level workouts will happen during the first week in June, and teams will be formed the following week.*

## INDIVIDUAL PLACEMENTS

MAY 23-27

All athletes sign up for ONE time slot on ONE day\*

**8 & under**  
4:30 or 5:00pm

**9-12 years old**  
5:30, 6:00 or 6:30pm

**13 & older**  
7:00, 7:30, 8:00 or 8:30pm

*\*Tryouts will involve tumbling, jumps, dance, flexibility, and a fitness evaluation*

### **To sign up for Team Placement, follow these steps:**

- Go to EliteHeatBuffalo.com, click on “Sign up for Placements”
- If you are new to Elite Heat, create a Parent Portal and a Student Profile
- Select ONE 30-minute time slot on May 23-27  
*\*\*Be sure to select the correct time slot for your child’s age*
- Complete all Placement Packet forms and bring them with you to your Placement

## LEVEL WORKOUTS

JUNE 6-9

- Athletes will be invited to a level based on tumbling and experience level
- Level workouts will be an opportunity for athletes to stunt and tumble at their expected tumble level to determine what level will be the most beneficial to the athlete and the team

## TEAM REVEAL

JUNE 10, 2022

All placements will be announced at our Elite Heat team reveal on June 10

⇒ *If you cannot attend placements on the above dates, please email us at [eliteheatcheer@gmail.com](mailto:eliteheatcheer@gmail.com) to schedule a private placement.*

⇒ *All athletes will be placed on a team.*

# Team Placement Process

At Elite Heat, there is a place for everyone. NO tumbling, stunting, or cheer experience is required. We are in the business of teaching young people, mentoring them in kindness, compassion, and hard work, and building their confidence. During Team Placement, athletes will perform the highest level tumbling that they feel confident in. However, athletes will be placed on the level that the coaches determine is the best fit for each child. ***Please see description of each placement level requirements on page 4.*** If you are unsure of what level to attend at placement, please contact us at [EliteHeatBuffalo@gmail.com](mailto:EliteHeatBuffalo@gmail.com)

### Levels

There are 7 different levels in All Star Cheerleading. The “level” refers to the difficulty of stunts, pyramid, tosses, and tumbling a team is permitted to perform. These levels were designed to safely progress athletes and give children at all ability levels the opportunity to compete and be successful. Cheerleaders should have competition ready skills before moving up to the next level. ***We believe that athletes should spend a minimum of 2-3 years competing at a level before progressing to the next competitive level.*** There are exceptions to this, however most of the time we find that this is the most successful way to build confident athletes and competitive teams. We also consider categories such as attitude, work ethic, coach-ability, and consistency when placing a child on a team. Below is a very general guideline for each level:

LEVEL 1: Front/Back walkovers, Cartwheels, Prep Level Stunts, No Basket Tosses

LEVEL 2: Back Handsprings, Extended Level Stunts, Straight Ride Basket Tosses

LEVEL 3: Back Tucks, Extended Level Libs, Twist Downs, Twist and Toe Touch Basket Tosses

LEVEL 4: Layouts, Standing Tucks, Extended Libs, Double Downs, Kick Full Basket Tosses

LEVEL 5: Twisting Layouts, Toe Backs, Release to Extended Libs, Kick Double Basket Tosses

LEVEL 6 & 7: Double Twisting Layouts, Hand Fulls, Double up Extended Libs, Hitch Kick Double Basket Tosses

### Age Brackets

All Star is divided into several age groups. Your child’s age group is determined by the age they will be on December 31, 2020 The most competitive teams are formed by placing athletes in the most age appropriate divisions.

**Tiny Novice:** Ages 3-5

**Tiny Prep:** Ages 5-6

**Tiny:** Ages 6-7

**Mini:** Ages 7-9

**Youth:** Ages 9-12

**Junior:** Ages 9-16

**Senior Levels 1-5:** Ages 12-19

**Senior Level 6:** Ages 13-19

**Open Level 6 & 7:** Ages 14 and older

### What to Expect at Placement

During placements athletes will be asked to showcase their tumbling, jumping, physical fitness and dance skills. Coaches will be present to explain, answer questions, and encourage. Athletes should perform skills that can safely execute, there is no pressure to do something that they are uncomfortable doing.

## How Teams Are Created

Teams will be created first by age and then by skill level. Teams may not be created in the same way that they were in past seasons. Teams will be formed based on our current athletes. There may be athletes placed on a team that tumble on a different level than their teammates. We try to match athletes up as best as possible, however every athlete is placed on the team for a reason. Some be stronger at tumbling, some will help more with stunts. The staff takes in all factors when creating teams, and we ask that you trust us in this process. Our number one priority is the individual child. Our desire is to give every athlete in our program a positive, enriching experience.

## All Star Information

### Which Placement to Attend

All

. The following tumbling elements are required to attend each level, unless athlete has already competed one full year at the desired level:

#### Level 1:

No minimum requirement

#### Level 2:

Back Walkover Back Handspring  
AND  
Round off to 2 Back Handsprings

#### Level 3:

Jump to 2 Handsprings  
AND  
Front Walkover Round off Back Handspring Tuck

#### Level 4:

Standing Tuck  
AND  
Jump to Handspring Tuck  
AND  
Round off Back Handspring Layout

#### Level 5 & 6:

Jump to Tuck  
AND  
Round off Back Handspring Full

## Star Program Options

There are many different team options at Elite Heat to suit all needs. From our Tiny Novice team up to our Worlds teams, we are committed to creating an environment where your child can grow in the sport of All Star Cheerleading, build relationships, and develop confidence.

Program	Uniform	Season	Practice	Competitions	Summit/Worlds Eligible
Special Needs	All Star	Sept - Mar	1x per week	4-5	NO

Half Year	All Star	Nov-Mar	2x per week	4-5	NO
Tiny Novice	Novice	Sept-Mar	1x per week	4-5	NO
Tiny/Mini	All Star	Jul-Apr	2x per week plus tumbling	5-6	YES
National	Elite	Jul-Apr	2x per week plus tumbling	7-8	YES
Worlds	Elite	Jul-Apr	3x per week	6-8	YES

### **Practice**

All team practices are mandatory. Exceptions include illness, graded school activities, and family emergencies. Athletes/parents are responsible to inform the coach of an absence as soon as possible, and to secure an athlete of similar skill level to fill in for practice. The 2 practices prior to competition are mandatory with no exception.

### **Crossovers**

A crossover is an athlete that competes on 2 or more teams. During placements you will be asked if you are willing to cross to another team. If you are willing to have your child cross, they may or may not be placed on a second team. There are additional costs associated with crossing over, including competition, choreography, and coach's fees.

### **ALL STAR CHEERLEADING COSTS**

There are essentially two main cost categories associated with all-star cheerleading. The first cost is tuition. This covers an athlete's time in the gym and the instruction that they are provided. The other cost, sometimes referred to as team fees, covers all other fees. This includes, uniform, practice clothes, bow, make-up, and competition fees. Each competition that we attend has a registration fee associated with it that the athlete pays to the competition vendor. We collect these "team fees" in even monthly payments to make it easier on the families. The tuition and team fees are combined into one monthly cost. These costs vary depending on the type of team each athlete is placed on (national, semi-travel or regional). Please see the pricing section of the Elite Heat website for specific team costs.

### **Placement Cost**

A one time \$65 Team Placement fee is due at Placement, as well as a \$50 Insurance Fee (cost for insurance is \$75 for a family).

Checks can be made payable to Elite Heat All Stars

### **Travel and Competitions**

Refer to the team options section to determine the level of travel involved for each type of team. Competition fees are paid up front to Elite Heat on a monthly basis. There is no other cost to the athlete to get into each competition. Most competitions charge spectators an entry fee. In addition to the registration costs, travel out of town requires, travel costs to the competition, hotel costs, and food costs for the duration of the event.

## **Uniform**

The full year uniform costs around \$600. This cost will be divided into 2 payments. Worlds athletes will wear a half top while all other teams will wear a full top. We will provide fund raising opportunities to help offset the cost of the uniform as well.

## **Additional Costs**

Tiny, Mini, Half Year and Special Needs athletes are required to have a white on white cheer shoe for competitions. Youth, Junior and Senior full year athletes are required to purchase the black uniform sneakers. There will be sneakers available at the uniform fitting. Elite Heat has its own pro shop where you can purchase sports bras, sweatpants, sweatshirts, shirts and warm-up jackets. None of these are required items. If an athlete would like to take additional tumbling, classes are offered throughout the season. Watch the parent portal for the latest class listings. Private and semi-private lessons are also available. You can request a private lesson on the Elite Heat website at: <http://www.eliteheatbuffalo.com/private-lessons.html>

## **Monthly Fund Raising**

Elite Heat All Stars is one of the only programs of its kind to offer parents the ability to raise funds to cover their entire monthly costs. Each month there will be fund raising opportunities that will allow you to raise all or a portion of the costs for that month. You can also raise more than your monthly expenses and have the “left-over” carry over to the following month. These fund raisers are completely voluntary and are run by the booster club to help make all star cheerleading affordable for all. There are two mandatory fundraisers that raise money for choreography and coaches’ fees. The choreography fund raiser is typically run in July for our full year program and the coaches’ fees fund raiser is run in August. If you choose not to participate in these fund raisers, you can pay the “buy out” fee to cover your portion of the costs for these two items.

# **Team Placement Checklist**

Please be sure to bring all of the following items with you to placement:

- Create Account in Parent Portal
- Sign up for a Placement Appointment

- o \$115 Insurance and Placement Fee
- o Credit Card Authorization Form

If you have any questions, or would like to set up a private placement due to a conflict, please contact us at [EliteHeatBuffalo@gmail.com](mailto:EliteHeatBuffalo@gmail.com)

*Heat Your Heart Out*



**[www.EliteHeatBuffalo.com](http://www.EliteHeatBuffalo.com)**

**716.389.0731**

