

Elite Heat All Stars

SEPTEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 4-6 Gldn Girls 4-6 Red hot 6-8 Electric 6-8 O4	2	3
4	5 LABOR DAY	6 <i>Gym Closed</i>	7 <i>Gym Closed</i>	8 Dance Choreo	9 Dance Choreo	10 Dance Choreo
11 Dance Choreo	12	13 5-7 Mini 2 TT 5-7 Shimmer 5:30-7:30 Scorch 7-9 J Love	14 5:30-7:30 Mini 5:30-7:30 JMfia 6:30-8:30 Elctrc 7:30-9:30 O4	15 5-7 Tiny Elite 5:30-7:30 GG 5:30-7:30 RH 7-9 J3 TT 7:30-9:30 RC 7:30-9:30 24k	16 7-9pm Open Gym	17 9:45-12 Mini Q 10:30-12 Nugs 12-2 Shimmer 12=2 Tiny Elite
18 10:30-12:45 Scorch J Mafia 12:45-3:00 buffalO4 Red Hot Golden Girls 3:00-5:15 J Love Junior 2 TT 24k 5:15-7:30 Electric Rose Gold	19	20 5-7 Mini 2 TT 5-7 Shimmer 5:30-7:30 Scorch 7-9 J Love	21 5:30-7:30 Mini 5:30-7:30 JMfia 6:30-8:30 Elctrc 7:30-9:30 O4	22 5-7 Tiny Elite 5:30-7:30 GG 5:30-7:30 RH 7-9 J3 TT 7:30-9:30 RC 7:30-9:30 24k	23 7-9pm Open Gym	24 9:45-12 Mini Q 10:30-12 Nugs 12-2 Shimmer 12=2 Tiny Elite
25 Family Sunday	26	27 5-7 Mini 2 TT 5-7 Shimmer 5:30-7:30 Scorch 7-9 J Love	28 5:30-7:30 Mini 5:30-7:30 JMfia 6:30-8:30 Elctrc 7:30-9:30 O4	29 5-7 Tiny Elite 5:30-7:30 GG 5:30-7:30 RH 7-9 J3 TT 7:30-9:30 RC 7:30-9:30 24k	30 7-9pm Open Gym	