



# ONE UP CHAMPIONSHIP

March 16, 2019  
SRC Arena Syracuse



## IMPORTANT INFORMATION

- ✓ After your child is done competing, they will be dismissed to parents. Please attend the performances for all of our teams. Athletes should stay in full uniform and bow with cheer shoes, no boots or moccasins, throughout the day.
- ✓ Senior athletes must wear a warm up jacket, competition shirt, or Elite Heat shirt over their uniform top when they are not in warm up or competing.
- ✓ Athletes should report back to the Awards stage 10 minutes prior to ceremony in full uniform with no bags or cell phones.

### COMPETITION INFO:

SRC Arena  
4585 West Seneca Turnpike  
Syracuse, NY 13215

### ADMISSION:

Adults: \$15  
Children ages 5 and under: FREE

## HAIR AND MAKE UP

- All athletes should wear hair **IN A HIGH PONY, ALL UP WITH BIG TEASED CURLS**
- Make up should be gold and black shadow, with eyeliner, mascara and red lips. Please be sure to apply a fresh coat of lipstick just before warm up

	<b>Check In</b>	<b>Warm Up</b>	<b>Performance</b>	<b>Awards</b>
<b>Golden Nuggets</b>	7:30am	8:05am	8:51am	9:03am
<b>Sparklers</b>	8:00am	8:50am	9:36am	11:07am
<b>Red Rubies</b>	8:30am	9:20am	10:09am	11:07am
<b>Hot Shots</b>	9:00am	9:45am	10:30am	11:07am
<b>Glitter Girls</b>	10:15am	11:05am	11:51am	1:44pm
<b>Baby K</b>	11:15am	12:05pm	12:52pm	1:44pm
<b>Mini Rev</b>	11:45am	12:30pm	1:14pm	1:44pm
<b>J Love</b>	11:45am	12:30pm	1:18pm	1:44pm
<b>Ignite</b>	1:00pm	1:55pm	2:42pm	4:46pm
<b>Electric</b>	2:00pm	2:45pm	3:27pm	4:46pm
<b>Rose Gold</b>	4:00pm	4:45pm	5:28pm	7:12pm
<b>Inferno</b>	4:00pm	4:55pm	5:42pm	7:12pm
<b>Fire</b>	4:15pm	5:05pm	5:53pm	7:12pm
<b>4.Fierce</b>	5:00pm	5:40pm	6:27pm	7:12pm
<b>Red Hot</b>	5:00pm	5:50pm	6:37pm	7:12pm