

# HOT CHEER CHAMPIONSHIP

November 5, 2023  
Sweet Home High School

A portion of the proceeds for this year's event will benefit a local charity

Attend our high energy, fun filled competition with an event staff that focuses on YOU. Here are some of the things you will experience at the Hot Cheer Championship:

- Our Competition Runs ON TIME
- VIP Coaches Room
- 5 Station Warm Up
- Priority Seating
- Specialty Awards
- Large Judging Panel
- Grand Champion Awards

## FIVE STATION WARM UP

Our 5 Station warm up will give your teams the opportunity to warm up with confidence and feel fully prepared when they take the competition floor. The 5 stations include:

- 1) Stretching
- 2) Stunt Warm-up
- 3) Tumbling Strip
- 4) FULL SIZE FLOOR with Sound
- 5) Water Station
- 6) PERFORMANCE!!!!

## GRAND CHAMPION AND SPECIALTY AWARDS

Grand Champion: Each overall division winner School, and Recreation!!!  
All Teams will receive a trophy. We will also be giving out SPECIALTY AWARDS:

Creative Choreography

Best Jumps

Best Tumbling

Best Stunts

Spirit Awards

## REGISTRATION COST

\$10 per athlete

\$40/Stunt Group

\$25 Individual

## PRIORITY SEATING

Front row seating is reserved for your fans during performances. Our special VIP seating section will be marked for the family and friends of each team. Coaches will also be allowed to sit in the front and center of the mat for their team!

## PERFORMANCE FLOOR

We will have a 42'x52' non-spring competition floor for all teams.

## EXPERT JUDGING

Our judges provide the athletes with nationals' level knowledge, expertise and qualifications.

## RULES & GUIDELINES

High School and Recreation: NFHS Guidelines, which can be found at [www.aacca.org](http://www.aacca.org). Divisions will be broken down by size as indicated on the registration form.

College: Division Guidelines and Leveling System further indicated at [www.usasf.net](http://www.usasf.net)

\*There will be deductions to the overall score for any team that performs illegal or out-of-level skills.

\*Elite Heat reserves the right to combine divisions according to enrollment.

## TEAM REQUIREMENTS

Music: Must be on an iPod or smart phone.

Little Loop/Youth Football: Maximum total routine time of 3 minutes.

Recreation/School: Maximum total routine time of 2 minutes, 30 seconds.

College: Maximum total routine time of 2 minutes, 30 seconds.

## Competition Schedule

Schedule will be posted on Wednesday, November 1st at [www.EliteHeatBuffalo.com](http://www.EliteHeatBuffalo.com)\*

\*Schedule is subject to change

## RESULTS

Score sheets will be given to coaches after each awards ceremony.

Results for the entire competition will be posted on our website Tuesday after the event.

## Registration

Please complete the google forms below

[Hot Cheer HS Registration Link](#) - exhibition only

[Hot Cheer Rec Registration Link](#)

[www.EliteHeatBuffalo.com](http://www.EliteHeatBuffalo.com)

Email: [Eliteheatcheer@gmail.com](mailto:Eliteheatcheer@gmail.com)

Phone: 716.389.0731

