



Elite Heat All Stars

TEAM PLACEMENT FORM

ATHLETE INFORMATION

Athlete Name: _____

Age as of August 31, 2017: _____ Birthdate: _____

Grade 2017-18: _____ School: _____

Please Place Photo Here

Please mark any times that present a MAJOR conflict:

___ Monday 5:30-7:00pm

___ Wednesday 7:00-8:30pm

___ Saturday 12:00-1:30pm

___ Monday 7:00-8:30pm

___ Saturday 9:00-10:30am

___ Saturday 1:30-3:00pm

___ Tuesday 7:00-8:30pm

___ Saturday 10:30-12:00pm

___ Saturday 3:00-4:30pm

CHEER EXPERIENCE

WHERE	LEVEL	AGE	YEARS	STUNTS
				None Flyer Base Backspot
				None Flyer Base Backspot
				None Flyer Base Backspot

*** DO NOT WRITE BELOW THIS LINE ***

FLYER BASE BACK

	Standing Tumbling	Running Tumbling	Stunts	Tosses	Score
LEVEL 1	-- Cartwheel -- Front Walkover -- Back Walkover	-- Roundoff -- Cartwheel Backwalkover	-- Prep -- Cradle -- Sponge Lib	N/A	
LEVEL 2	-- Straight Ride HS -- Backwalkover Back Handspring	-- RO Series HS -- FWRO Handspring -- Specialty to HS	-- Extension -- Prep Body Pstn -- Barrel Roll	-- Straight Ride	
LEVEL 3	-- Series HS -- Jump to 2 HS	-- RO Tuck -- RO HS Tuck -- FWRO HS Tuck -- Punch Front	-- Extension Twist -- Extended Lib -- 360 to prep -- 180 to Lib	-- Toe Touch -- Single Twist	
LEVEL 4	-- Handspring Tuck -- HS Whip to Tuck -- Toe HS Tuck -- Standing Tuck	-- RO Layout -- RO HS Layout -- Front through -- Whip HS Layout	-- Extension Double -- Stretch Single -- 360 to Extension -- Express Up	-- Double Twist -- Kick Full	
LEVEL 5	-- Standing HS Full -- Toe Back -- Standing Full	-- RO Full -- RO HS Full -- RO HS Double -- Specialty to Full	-- Stretch Double -- 1.5 to Extension -- 360 to Lib -- Waterfall from Ext	-- Kick Double -- Hitch Kick Double -- Specialty	

	Needs Improvement	Average	Above Average	Excellent
DANCE				
JUMPS				