



Half Year Team Placement Information





Team Placement Packet

Placement Camp Dates

November 5-10, 2018

(must attend all nights for your age group)

Ages 7-11

Monday, Wednesday, Friday 5:15-7:15pm

Saturday 9:30-11:30am

Ages 12-18

Monday, Wednesday, Friday - 7:15-9:15pm

Saturday 11:30-1:30

- If you cannot attend placements on the above dates, please contact the gym to schedule a private placement
 - All athletes will be placed on a team
- Placement results will be emailed by November 11, 2018

Location:

Elite Heat All Stars
7330 Townline Road
North Tonawanda, NY 14051

Parent Information Meeting:

Wednesday November 7, 2018

6:30pm - 7:30pm

OR

Friday November 9, 2018

7:30pm - 8:30pm

Team Placement Process

At Elite Heat, there is a place for everyone. NO tumbling, stunting, or cheer experience is required. We are in the business of teaching young people, mentoring them in kindness, compassion, and hard work, and building their confidence. During Team Placement, athletes will attend the session for the highest level team they would like to be considered for. However, athletes will be placed on the level that the coaches determine is the best fit for each child. ***Please see description of each placement level requirements on page 4.*** If you are unsure of what level to attend at placement, please contact us at EliteHeatCheer@gmail.com

Levels

There are 6 different levels in All Star Cheerleading. The “level” refers to the difficulty of stunts, pyramid, tosses, and tumbling a team is permitted to perform. These levels were designed to safely progress athletes and give children at all ability levels the opportunity to compete and be successful. Cheerleaders should have competition ready skills before moving up to the next level. ***We believe that athletes should spend a minimum of 2-3 years competing at a level before progressing to the next competitive level.*** There are exceptions to this, however most of the time we find that this is the most successful way to build confident athletes and competitive teams. We also consider categories such as attitude, work ethic, coach-ability, and consistency when placing a child on a team. Below is a very general guideline for each level:

LEVEL 1: Front/Back walkovers, Cartwheels, Prep Level Stunts, No Basket Tosses

LEVEL 2: Back Handsprings, Extended Level Stunts, Straight Ride Basket Tosses

LEVEL 3: Back Tucks, Extended Level Libs, Twist Downs, Twist and Toe Touch Basket Tosses

LEVEL 4: Layouts, Standing Tucks, Extended Libs, Double Downs, Kick Full Basket Tosses

LEVEL 5: Twisting Layouts, Toe Backs, Release to Extended Libs, Kick Double Basket Tosses

LEVEL 6: Collegiate

Age Brackets

All Star is divided into several age groups. Your child’s age group is determined by the age they will be on August 31, 2018. The most competitive teams are formed by placing athletes in the most age-appropriate divisions.

Tiny Prep: Ages 3-4

Tiny: Ages 5-6

Mini: Ages 8 and younger

Youth: Ages 11 and younger

Junior: Ages 14 and younger

Senior Levels 1-4: Ages 11-18

Senior Level 5: Ages 13-18

Our placements are a stress-free process. Athletes should expect to have fun and do their best!

What to Expect at Placement

During placements athletes will be asked to showcase their stunting, tumbling, jumping, and dance skills. Coaches will be present to explain, answer questions, and encourage. Athletes should perform skills that can safely execute, there is no pressure to do something that they are uncomfortable doing.

How Teams Are Created

Teams will be created first by skill level and then by age. Teams may not be created in the same way that they were in past seasons. Teams will be formed based on our current athletes. There may be athletes placed on a team that tumble on a different level than their teammates. We try to match athletes up as best as possible, however every athlete is placed on the team for a reason. Some be stronger at tumbling, some will help more with stunts. The staff takes in all factors when creating teams, and we ask that you trust us in this process. Our number one priority is the individual child. Our desire is to give every athlete in our program a positive, enriching experience.

What to Wear

Athletes should wear athletic shorts and top. Hair should be all up. Cheer or athletic sneakers.

All Star Information

Practice

Half Year teams will practice twice a week. In addition to the practice time, each athlete may attend one hour of leveled tumbling included in tuition, in addition to practice time. These classes give athletes the opportunity to work on tumbling skills above the level that they are competing at. Specific practice times can be found on the Elite Heat website at:
<http://www.eliteheatbuffalo.com/calendar.html>

Crossovers

A crossover is an athlete that competes on 2 or more teams. During placements you will be asked if you are willing to cross to another team. If you are willing to have your child cross, they may or may not be placed on a second team. There are additional costs associated with crossing over, including competition, choreography, and coaches fees.

All Star Cheerleading Costs

There are essentially two main cost categories associated with all-star cheerleading. The first cost is tuition. This covers an athlete's time in the gym and the instruction that they are provided. The other cost, sometimes referred to as team fees, covers all other fees. This includes bow, make-up,

choreography and competition fees. Each competition that we attend has a registration fee associated with it that the athlete pays to the competition vendor. We collect these “team fees” in even monthly payments to make it easier on the families. The tuition and team fees are combined into one monthly cost. These costs vary depending on the type of team each athlete is placed on (national, semi-travel, prep, half year, etc). Please see the pricing section of the Elite Heat website for specific team costs at <http://www.eliteheatbuffalo.com/pricing-information.html>

Placement Cost

A one time \$45 Team Placement Camp fee is due upon registration. A \$40 Registration/Insurance Fee is due on placement day. Checks can be made payable to Elite Heat All Stars.

Travel and Competitions

Competition fees are paid up front to Elite Heat on a monthly basis. There is no other cost to the athlete to get into each competition. Most competitions charge spectators an entry fee. In addition to the registration costs, travel out of town requires, travel costs to the competition, hotel costs, and food costs for the duration of the event.

Uniform

The half year uniform costs around \$200-\$225. This cost will be divided into 2 payments. In some cases, pre-owned uniforms will be available for a discounted rate.

Additional Costs

All athletes are required to have a white on white cheer shoe for competitions. There will be several styles available at uniform fitting but you are not required to purchase them at that time if you do not want to. Elite Heat has its own pro shop where you can purchase sports bras, sweatpants, sweatshirts, shirts and warm-up jackets. None of these are required items. If an athlete would like to take additional tumbling, classes are offered throughout the season. Watch the parent portal for the latest class listings. Private and semi-private lessons are also available. You can request a private lesson on the Elite Heat website at:

<http://www.eliteheatbuffalo.com/private-lessons.html>

Monthly Fund Raising

Elite Heat All Stars is one of the only programs of its kind to offer parents the ability to raise funds to cover their entire monthly costs. Each month there will be fund raising opportunities that will allow you to raise all or a portion of the costs for that month. You can also raise more than your monthly expenses and have the “left-over” carry over to the following month. These fund raisers are completely voluntary and are run by the booster club to help make all star cheerleading affordable for all.

Team Placement Checklist

Things to do ahead of placement date and items to bring with you to placement:

Create Account in Parent Portal
Add-a-Student to input your athlete's information
Pre-Register & Pay \$45 for Placement Camp
Team Placement Form
\$40 Registration/Insurance Fee
Copy of Birth Certificate
USASF Membership Form
Credit Card Authorization Form

If you have any questions, or would like to set up a private placement due to a conflict, please contact us at EliteHeatCheer@gmail.com

Heat Your Heart Out



www.EliteHeatBuffalo.com

716.389.0731



Elite Heat All Stars

TEAM PLACEMENT FORM

Please Place Photo Here

ATHLETE INFORMATION

Athlete Name: _____

Age as of August 31, 2018: _____ Birthdate: _____

Grade 2018-19: _____ School: _____

Please mark any times that present a major conflict:

___ Sunday 7:00-8:30pm

___ Tuesday 7:30-9:00pm

___ Saturday 9:00-11:30am

___ Monday 5:30-7:00pm

___ Wednesday 5:30-7:00pm

___ Saturday 10:30-1:00pm

___ Monday 7:00-8:30pm

___ Wednesday 7:00-8:30pm

___ Saturday 12:00pm-2:30pm

___ Saturday 1:30-4:00pm

CHEER EXPERIENCE

| WHERE | LEVEL | AGE | YEARS | STUNTS |
|-------|-------|-----|-------|--------------------------|
| | | | | None Flyer Base Backspot |
| | | | | None Flyer Base Backspot |
| | | | | None Flyer Base Backspot |

*** DO NOT WRITE BELOW THIS LINE ***

FLYER BASE BACK

| | Standing Tumbling | Running Tumbling | Stunts | Tosses | Score |
|----------------|--|--|--|---|-------|
| LEVEL 1 | -- Cartwheel -- Front Walkover -- Back Walkover | -- Roundoff -- Cartwheel Backwalkover | -- Prep -- Cradle -- Sponge Lib | N/A | |
| LEVEL 2 | -- Straight Ride HS -- Backwalkover Back Handspring | -- RO Series HS -- FWRO Handspring -- Specialty to HS | -- Extension -- Prep Body Pstn -- Barrel Roll | -- Straight Ride | |
| LEVEL 3 | -- Series HS -- Jump to 2 HS | -- RO Tuck -- RO HS Tuck -- FWRO HS Tuck -- Punch Front | -- Extension Twist -- Extended Lib -- 360 to prep -- 180 to Lib | -- Toe Touch -- Single Twist | |
| LEVEL 4 | -- Handspring Tuck -- HS Whip to Tuck -- Toe HS Tuck -- Standing Tuck | -- RO Layout -- RO HS Layout -- Front through -- Whip HS Layout | -- Extension Double -- Stretch Single -- 360 to Extension -- Express Up | -- Double Twist -- Kick Full | |
| LEVEL 5 | -- Standing HS Full -- Toe Back -- Standing Full | -- RO Full -- RO HS Full -- RO HS Double -- Specialty to Full | -- Stretch Double -- 1.5 to Extension -- 360 to Lib -- Waterfall from Ext | -- Kick Double -- Hitch Kick Double -- Specialty | |

| | Needs Improvement | Average | Above Average | Excellent |
|--------------|-------------------|---------|---------------|-----------|
| DANCE | | | | |
| JUMPS | | | | |