



Practice Schedule 2023-24

Starts September 10, 2023

Golden Nuggets

Tuesday 5:00-6:00pm

Broadway Babes

Sunday 1:30-3:30pm
Thursday 5:30-7:30pm

Mini Queens

Sunday 9:00-11:15am
Tuesday 5:00-7:00pm

Drama Queens

Sunday 6:00-8:15pm
Tuesday 6:00-8:00pm

Ignite

Sunday 11:15-1:30pm
Wednesday 5:30-7:30pm

Scorch

Sunday 9:00-11:15am
Thursday 5:30-7:30pm

Lavender

Sunday 11:15-1:30pm
Wednesday 5:30-7:30pm

J Love

Sunday 6:00-8:15pm
Tuesday 7:00-9:00pm

Red Hot

Sunday 11:15-1:30pm
Wednesday 5:30-7:30pm

4.Fierce

Sunday 3:45-6:00pm
Wednesday 7:30-9:30pm

Fire

Sunday 1:30-3:45pm
Thursday 5:30-7:30pm

Showgirls

Sunday 3:45-6:00pm
Wednesday 7:30-9:30pm

Phoenix

Monday 7:00-9:00pm
Thursday 7:30-9:30pm