

# ELITE HEAT ALL STARS



## ALOHA SYRACUSE

### MARCH 16, 2024

#### Important Information

- When you arrive to the competition, check in with your team mom
- Athletes should arrive in full uniform, hair & make up
- New program bows will be distributed by team moms

TEAM	CHECK IN	WARM UP	PERFORMANCE	AWARDS
HOT SHOTS	10:15AM	11:10AM	11:45AM	2:35PM
INFERNO	10:30AM	11:28AM	12:03PM	2:35PM
SIZZLE	11:30AM	12:26PM	1:01PM	2:35PM
SHIMMER	12:00PM	12:56PM	1:31PM	4:40PM
HEARTBREAKERS	1:30PM	2:36PM	3:11PM	4:40PM

### Competition Hair

Hair should be in a high straight pony with big curls

### Competition Make Up

Make up should be natural shadow, black eyeliner, mascara, and RED LIPS

Competition Venue:

SRC Arena

4585 W Seneca Turnpike

Syracuse, NY 14215

Admission:

ONLINE only